Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name	of e	entit	y A	ALLIED	HEA	LTHC	ARE	GROU	JP LII	MITE	ED			
ABN	35	088	3 22	21 078										

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Christopher James Catlow
Date of last notice	1 May 2012

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect
Nature of indirect interest	Director related entities:
(including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Broadscope Pty Ltd <the a="" c="" catlow="" family=""> Pty Ltd</the>
Date of change	(a) 6 December 2012
No effective hold with the charge	(a) 40 227 200
No. of securities held prior to change	(a) 12,227,289 (b) 16,000,000
Class	(a) Ordinary Shares (b) Unlisted Options \$0.06 exp 10/07/2016
Number acquired	(a) 1,658,188 (b) nil
Number disposed	(a) nil (b) nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	Based on 5 day VWAP = \$0.0229 per share
No. of securities held after change	(a) 13,885,477 (b) 16,000,000

⁺ See chapter 19 for defined terms.

Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Shares issued in lieu of directors fees as approved at AGM under resolution 4.

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – *Closed period

Were the interests in the securities or contracts detailed	No
above traded during a *closed period where prior written clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

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⁺ See chapter 19 for defined terms.

Rule 3.19A.2

Appendix 3Y

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Introduced 30/09/01 Amended 01/01/11

Name	of e	entity	A	ALLIED	HEAL	LTHC	ARE	E GRO	OU	P LI	MI	ΓED					
ABN	35	088	22	1 078													

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	William Graeme Rowley
Date of last notice	1 May 2012

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct
Nature of indirect interest	N/A
(including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	
Date of change	(a) 6 December 2012
No. of securities held prior to change	(a) 15,513,789 (b) 8,000,000
Class	(a) Ordinary Shares (b) Unlisted Options \$0.06 exp 10/07/2016
Number acquired	(a) 1,070,503 (b) nil
Number disposed	(a) nil (b) nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	Based on 5 day VWAP = \$0.0229 per share
No. of securities held after change	(a) 16,584,292 (b) 8,000,000

⁺ See chapter 19 for defined terms.

Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Shares issued in lieu of directors fees as approved at AGM under resolution 5.

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – *Closed period

Were the interests in the securities or contracts detailed	No
above traded during a *closed period where prior written clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

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⁺ See chapter 19 for defined terms.

Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name	of e	entit	y A	ALLIEI) HE	EAL	THO	CAF	RE	GF	RO	UF	P L	IM1	ITI	ED						
ABN	35	088	3 22	21 078																		

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Peter Turvey
Date of last notice	21 May 2011

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct
Nature of indirect interest	N/A
(including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	
Date of change	(a) 6 December 2012
No. of securities held prior to change	(a) Nil (b) 1,000,000
Class	(a) Ordinary Shares (b) Unlisted Options \$0.06 exp 18/05/2017
Number acquired	(a) 888,664 (b) nil
Number disposed	(a) nil (b) nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	Based on 5 day VWAP = \$0.0229 per share
No. of securities held after change	(a) 888,664 (b) 1,000,000

⁺ See chapter 19 for defined terms.

Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Shares issued in lieu of directors fees as approved at AGM under resolution 6.

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – *Closed period

Were the interests in the securities or contracts detailed	No
above traded during a *closed period where prior written clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

Rule 3.19A.2

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⁺ See chapter 19 for defined terms.